

# Check List



TREATING ALLERGIES  
THROUGH EDUCATION

[www.allergyexpert.co.za](http://www.allergyexpert.co.za)

*pharma* *dynamics*

EFFECTIVE AFFORDABLE HEALTHCARE

## Check list for schools to ensure an allergy friendly environment for all children:

- 1 Ask about allergies on the application form for every child, every year.
- 2 Know which children in each class have severe allergies and asthma, and what they are allergic to.
- 3 Ensure every affected child has an action plan, signed by their doctor, containing a photo ID.
- 4 Each school must have designated teachers (x3) for reporting by patient (or friends) of suspected severe reactions.
- 5 Each school must ensure there is a designated place for storage of emergency medication: correct conditions and accessible at all times.
- 6 School teachers must be trained and supported on ongoing basis in recognition and management of anaphylaxis, both immediate (adrenaline) and further medical management (referral / transport).
- 7 Do practice runs to test if medication accessible and medication can be given appropriately and timeously.
- 8 Adopt a peanut free policy in school, tuckshop, after classes, trips and sports events.
- 9 Ensure there are specified multiple allergen free areas for those with multiple allergies.
- 10 Adopt a strict policy on allergy related teasing or bullying.